

Lesson Plan – Unit 9: Classroom Lesson 1

Subject/Course :	Secondary Transition – Self-Determination and Advocacy		
Topic:	Advocating for your Medical Needs		
Lesson Title:	Empowering Yourself Medical Management		
Level:	Grades 9 - 12	Lesson Duration:	15-20 minutes

Lesson Objective:

- The students will be able to assess his or her ability to manage their medical needs.

Summary of Tasks/Actions:

1. Students will complete the “Empowering Yourself: Medical Management” assessment of their ability.
2. Discuss the following topics with the class:
 - Importance of learning how to describe your medical condition
 - How to advocate for accommodations based on your medical needs
 - How to schedule appointments and rules about cancelling or not showing up to appointments
 - How to talk with an employer regarding medical benefits.
3. If time role play each of the previous topics.

Materials/Equipment:

- Empowering Yourself: Medical Management

References:

- *Transition Health Care Checklist: Transition to Adult Living in Pennsylvania*. Pennsylvania Department of Health .
http://www.portal.state.pg.us/portal/server.pt/community/special_kids_networ/14205/transition_health_care_checklist/558090