| Lesson Plan- Unit 1: DVR Lesson | | | |
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| **Subject/Course** | Secondary Transition – Self-Determination and Advocacy | | |
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| **Topic:** | Communication/ Soft Skills | | |
| **Lesson Title:** | How to Communicate with Friends and Professionals | | |
| **Level:** | 9-12 | **Lesson Duration:** | 45-60 minutes |

**Lesson Objectives:**
- The students will complete a pre assessment for the Secondary Transition Unit of Study (baseline).
- The students will demonstrate communication differences between that of friends and professionals.

**Summary of Tasks/Actions:**
1. Collect "Consent to Attend" forms from students (parent consent to work with DVR).
2. Introduce DVR (facilitator to the group of students).
   - What is DVR?
   - When are DVR services available?
   - Why DVR is helpful?
   - Who can access DVR services?
3. Students will complete pre assessment (10 minutes).
   - The assessments will be gathered and given to the SPED department at the high school for future reference.
4. How to introduce yourself?
   - Knowing how to communicate with people in the right context for a given situation is an important skill, as there are often unspoken rules and standards that are just expected. For example, it's common practice in the professional world to shake hands with people when meeting, rather than offering a high-five or a hug. We might use slang with our friends when talking about what happened at school or at a party, but we would usually use different words and mannerisms when telling our parents the same information.
   - Model how to introduce yourself including name, interest, and goals.
   - First model introductions with friends.
   - Second – model introductions with a professional (teacher, employer, etc.).
   - Each student now takes a turn to introduce themselves (first to a friend, then to a professional.

**Materials/Equipment:**
- Pre-Assessment

- Pens

**References:**

- *Skills to Pay the Bills – Mastering Soft Skills for Workplace Success.*  U.S. Department of Labor, Office of Disability Employment Policy. http://www.dol.gov/odep/topics/youth/softskills/