

<p>Sit/stand up straight  <b>H</b>ave a pleasant tone of voice  <b>A</b>ctivate your thinking  <b>R</b>elax  <b>E</b>ngage in eye communication</p>	<p>Sit/stand up straight  <b>H</b>ave a pleasant tone of voice  <b>A</b>ctivate your thinking  <b>R</b>elax  <b>E</b>ngage in eye communication</p>
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