Sit/stand up straight	Sit/stand up straight
Have a pleasant tone of voice	Have a pleasant tone of voice
Activate your thinking	Activate your thinking
Relax	Relax
Engage in eye communication	Engage in eye communication
Sit/stand up straight	Sit/stand up straight
Have a pleasant tone of voice	Have a pleasant tone of voice
Activate your thinking	Activate your thinking
Relax	Relax
Engage in eye communication	Engage in eye communication
Sit/stand up straight	Sit/stand up straight
Have a pleasant tone of voice	Have a pleasant tone of voice
Activate your thinking	Activate your thinking
Relax	Relax
Engage in eye communication	Engage in eye communication
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